

VABO **N**

APEX

Excerpt from the
different operating
modes of
VABO-N Apex



According to the Health Claims
Regulation of the EFSA



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01 GENERAL WELLBEING

- ✔ Contributes to the normal function of the **immune system** _____ Vitamin C, Vitamin B6, B12, Vitamin D, Folate, Zinc
- ✔ Contributes to the normal function of the **heart** _____ Vitamin B1
- ✔ Contributes to the maintenance of normal **vision** _____ Vitamin B2, Zinc
- ✔ Contributes to the maintenance of normal **mucoous membranes** _____ Vitamin B2, Niacin, Biotin
- ✔ Contributes to the maintenance of normal **blood glucose levels** _____ Chromium

02 MENTAL WELLBEING

- ✔ Contributes to the reduction of **tiredness** and **fatigue** _____ Vitamin C, Vitamin B2, B6, B12, Niacin, Pantothenic Acid, Folate
- ✔ Contributes to normal functioning of the **nervous system** _____ Vitamin C, Vitamin B1, B2, B6, B12, Niacin, Biotin
- ✔ Contributes to normal **mental performance** _____ Pantothenic Acid
- ✔ Contributes to normal **psychological function** _____ Vitamin C, Vitamin B1, B6, B12, Niacin, Biotin, Folate
- ✔ Contributes to normal **cognitive function** _____ Zinc



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03 SPORT SUPPORT

- ✔ Contributes to the maintenance of normal **muscle function** _____ Vitamin D
- ✔ Contributes to maintain the normal function of the **immune system** during and after intense physical exercise _____ Vitamin C
- ✔ Contributes to a **growth in muscle mass** _____ Protein
- ✔ Contributes to the **maintenance of muscle mass** _____ Protein

04 BEAUTY HELPER

- ✔ Contributes to the maintenance of normal **teeth** _____ Vitamin D
- ✔ Contributes to the maintenance of normal **skin** _____ Vitamin B2, Niacin, Biotin, Zinc
- ✔ Contributes to the maintenance of normal **hair** _____ Biotin, Zinc
- ✔ Contributes to the maintenance of normal **nails** _____ Zinc
- ✔ Contributes to normal **collagen formation** for the normal function of **blood vessels, bones, cartilage, gums, skin** and **teeth** _____ Vitamin C



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05 METABOLIC HEALTH

- ✔ Contributes to normal **energy-yielding metabolism** _____ Vitamin C, Vitamin B1, B2, B6, B12, Niacin, Pantothenic Acid, Biotin
- ✔ Contributes to normal **homocysteine metabolism** _____ Vitamin B6, B12, Folate
- ✔ Contributes to normal **macronutrient metabolism** _____ Biotin, Chromium, Zinc
- ✔ Contributes to normal **carbohydrate metabolism** _____ Zinc
- ✔ Contributes to normal **iron metabolism** _____ Vitamin B2
- ✔ Increases **iron absorption** _____ Vitamin C
- ✔ Contributes to normal **metabolism of vitamin A** _____ Zinc
- ✔ Contributes to normal **absorption/utilisation of calcium** and **phosphorus** and to normal **blood calcium levels** _____ Vitamin D
- ✔ Contributes to normal **protein** and **glycogen metabolism** _____ Vitamin B6
- ✔ Contributes to normal **protein synthesis** _____ Zinc
- ✔ Contributes to normal synthesis and metabolism of **steroid hormones, vitamin D** and some **neurotransmitters** _____ Pantothenic Acid
- ✔ Contributes to normal **amino acid synthesis** _____ Folate
- ✔ Contributes to normal **acidbase metabolism** _____ Zinc
- ✔ Contributes to normal **metabolism of fatty acids** _____ Zinc
- ✔ Contributes to normal **blood formation** _____ Folate
- ✔ Contributes to the maintenance of normal **red blood cells** _____ Vitamin B2, B6, B12



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06 ANTI-AGING FACTOR

- ✔ Contributes to the protection of cells from **oxidative stress** _____ Vitamin C, Vitamin E, Vitamin B2, Zinc
- ✔ Contributes to the maintenance of **normal bones** _____ Vitamin D, Zinc
- ✔ Has a role in the process of **cell division** _____ Vitamin D, Vitamin B12, Folate, Zinc

07 SEXUAL HEALTH

- ✔ Contributes to **maternal tissue** growth during **pregnancy** _____ Folate
- ✔ Contributes to the regulation of **hormonal activity** _____ Vitamin B6
- ✔ Contributes to the maintenance of normal **testosterone levels** in the blood _____ Zinc
- ✔ Contributes to normal **fertility** and **reproduction** _____ Zinc

